


**KSPLA**  
**Kerala State Classic Bench Press Championship 2024**  
**V K Krishna Menon Indoor Stadium, Kozhikode - 06-09-2024 to 07-09-2024**  
**Final Results**

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Men</b>													
<b>Open - 59kg</b>													
1	ABIN P YOOSUF	21-01-1995	IDK	19	56.40	0.618800	105.0	112.5	115.0	115.0	12	71.162000	7
2	VISHNU V V	27-04-2000	KKD	13	59.00	0.603406	110.0	115.0	<del>117.5</del>	115.0	9	69.391690	9
3	ASWIN C	16-02-1994	KKD	6	58.90	0.603977	90.0	97.5	<del>100.0</del>	97.5	8	58.887758	17
4	VSIHNU M V	03-05-1995	EKM	65	57.50	0.612143	92.5	<del>97.5</del>	<del>97.5</del>	92.5	7	56.623228	20
5	ASWIN K	11-01-1994	KNR	36	57.80	0.610365	85.0	87.5	<del>90.0</del>	87.5	6	53.406938	24
6	ANIL KUMAR P	22-05-1998	KSD	45	57.90	0.609776	65.0	75.0	<del>80.0</del>	75.0	5	45.733200	37
7	ABHICHAND	31-08-2004	KNR	87	59.00	0.603406	60.0	62.5	<del>65.0</del>	62.5	4	37.712875	43
<b>Open - 66kg</b>													
1	BIBIN JOY	19-03-1996	TCR	47	65.00	0.571960	135.0	140.0	145.0	145.0	12	82.934200	1 
2	TIJO THOMAS	09-02-1985	EKM	60	61.30	0.590724	80.0	85.0	90.0	90.0	9	53.165160	25
3	ASRAF K M	31-07-1991	KSD	8	65.70	0.568618	90.0	<del>97.5</del>	<del>97.5</del>	90.0	8	51.175620	26
4	ABIN E S	08-03-1996	KTM	64	60.40	0.595588	80.0	<del>85.0</del>	<del>85.0</del>	80.0	7	47.647040	32
5	JUBIN MANOJ	16-02-1998	WYD	18	63.40	0.579841	50.0	60.0	62.5	62.5	6	36.240063	44
6	HARIKRISHNAN RAJEEV	25-04-1998	EKM	78	60.70	0.593953	45.0	50.0	<del>55.0</del>	50.0	5	29.697650	45
-	MUHAMED SUFAIL	03-12-1997	KSD	35	65.00	0.571960	<del>102.5</del>	<del>102.5</del>	<del>102.5</del>	-	-	-	-
<b>Open - 74kg</b>													
1	JINESH SOMAN	12-01-1996	EKM	27	72.70	0.538354	110.0	130.0	<del>132.5</del>	130.0	12	69.986020	8
2	LYASTON PRAJWAL	30-10-1999	KSD	61	74.00	0.533300	100.0	110.0	115.0	115.0	9	61.329500	15
3	VISHNU NITHYANAND	17-12-1992	KNR	88	74.00	0.533300	90.0	105.0	<del>112.5</del>	105.0	8	55.996500	21
4	AKSHAY THILAKAN	21-03-1996	EKM	17	72.35	0.539743	90.0	100.0	<del>110.0</del>	100.0	7	53.974300	23
5	MOHIT K M	07-09-2000	KNR	42	73.30	0.536001	90.0	95.0	<del>100.0</del>	95.0	6	50.920095	27
6	AVINASH K	22-01-1997	KNR	43	73.70	0.534452	90.0	95.0	<del>100.0</del>	95.0	5	50.772940	29
-	MUHAMMED RAHEES E C	01-10-1998	MPM	81	73.90	0.533683	<del>105.0</del>	<del>105.0</del>	<del>105.0</del>	-	-	-	-
<b>Open - 83kg</b>													
1	ABDUL SALAM K	30-03-1990	ALP	49	78.60	0.516638	120.0	130.0	140.0	140.0	12	72.329320	6
2	SHIBU S	08-07-1991	EKM	52	82.90	0.502603	135.0	137.5	<del>140.0</del>	137.5	9	69.107913	10
3	MOHAMMED RASHEED V	08-04-2000	MPM	14	81.40	0.507343	120.0	122.5	127.5	127.5	8	64.686233	13
4	SURESHBABU S	02-11-1985	TVM	8	79.40	0.513921	105.0	115.0	122.5	122.5	7	62.955323	14
5	AJEESH KUMAR K S	17-07-2000	TCR	16	82.30	0.504480	100.0	105.0	110.0	110.0	6	55.492800	22
6	KAUSTUBH SANGRAM POTFODE	20-12-2002	KLM	78	77.45	0.520634	<del>90.0</del>	90.0	<del>105.0</del>	90.0	5	46.857060	34
7	SREEHARI S K	01-10-1997	KKD	86	81.30	0.507665	80.0	90.0	<del>100.0</del>	90.0	4	45.689850	38

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
8	VISHNU THANKAPPAN	09-04-1996	KTM	58	74.80	0.530268	85.0	<del>90.0</del>	<del>90.0</del>	85.0	3	45.072780	39
9	SREENATH S	19-06-1998	ALP	63	82.50	0.503851	<del>75.0</del>	75.0	85.0	85.0	2	42.827335	42
<b>Open - 93kg</b>													
1	PIESTY ABRAHAM	06-01-1998	IDK	28	92.40	0.475949	150.0	157.5	X	157.5	12	74.961968	5
2	GODWIN K G	19-09-2000	EKM	19	91.30	0.478766	135.0	142.5	<del>150.0</del>	142.5	9	68.224155	11
3	DINO ANTONY	03-10-1996	EKM	71	85.75	0.494023	125.0	132.5	<del>140.0</del>	132.5	8	65.458048	12
4	ARUN RAMAKRISHNAN	14-05-1994	TCR	54	87.50	0.489015	120.0	<del>125.0</del>	X	120.0	7	58.681800	18
5	DEV DUTH C	14-02-2002	KLM	79	91.50	0.478249	95.0	102.5	<del>105.0</del>	102.5	6	49.020523	31
6	KHADER ZISHAN ALI	25-03-2000	KSD	24	92.30	0.476203	90.0	97.5	<del>105.0</del>	97.5	5	46.429793	35
7	AKHIL CHANDRAN C	26-05-1996	KNR	41	84.30	0.498321	90.0	95.0	<del>97.5</del>	95.0	4	47.340495	33
<b>Open - 105kg</b>													
1	BALAGOPAL S UNNITHAN	04-06-2000	ALP	15	95.90	0.467399	150.0	157.5	162.5	162.5	12	75.952338	4
2	AJIN C	07-10-1996	TVM	13	94.70	0.470262	120.0	127.5	<del>132.5</del>	127.5	9	59.958405	16
3	PREJITH C	24-05-1985	KNR	4	96.40	0.466227	115.0	125.0	<del>130.0</del>	125.0	8	58.278375	19
4	NAVANEETH T	25-08-1992	KNR	8	103.20	0.451380	110.0	112.5	<del>117.5</del>	112.5	7	50.780250	28
5	JENSON K J	16-05-1993	TCR	17	93.10	0.474190	95.0	<del>105.0</del>	<del>105.0</del>	95.0	6	45.048050	40
<b>Open - 120kg</b>													
1	G PRATHEESH	03-01-2000	IDK	14	115.20	0.429421	172.5	177.5	180.0	180.0	12	77.295780	2 <b>☞</b>
2	NANDU K C	08-07-1995	ALP	25	105.70	0.446394	172.5	<del>177.5</del>	X	172.5	9	77.002965	3 <b>☞</b>
3	BALU C	30-04-1988	MPM	20	108.70	0.440712	100.0	107.5	115.0	115.0	8	50.681880	30
4	SRIHARI P V RAJ	07-01-1999	KNR	6	110.90	0.436741	95.0	100.0	102.5	102.5	7	44.765953	41
<b>Open - 120+Kg</b>													
1	MUHAMMED RAZI C M	01-01-2003	KNR	12	121.90	0.419066	100.0	110.0	<del>130.0</del>	110.0	12	46.097260	36
2	ARJUN SANTHOSH S	06-10-2004	TVM	28	123.00	0.417477	50.0	60.0	<del>67.5</del>	60.0	9	25.048620	46

#### Best Lifter - Open

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	BIBIN JOY	TCR	66kg	65.00	0.571960	145.0	82.934200
2	G PRATHEESH	IDK	120kg	115.20	0.429421	180.0	77.295780
3	NANDU K C	ALP	120kg	105.70	0.446394	172.5	77.002965

#### Team Championship - Open

Place	Team	Points	Best Points	IPF GL Points
1	ERNAKULAM	47	12+9+9+9+8	325.941296
2	KANNUR	42	12+8+8+7+7	255.918338
3	IDUKKI	36	12+12+12	223.419748
4	ALAPPUZHA	35	12+12+9+2	268.111958
5	THRISSUR	31	12+7+6+6	242.156850

Team Championship - Open				
Place	Team	Points	Best Points	IPF GL Points
6	KASARAGOD	27	9+8+5+5	204.668113
7	THIRUVANANTHAPURAM	25	9+9+7	147.962348
8	KOZHIKODE	21	9+8+4	173.969298
9	MALAPPURAM	16	8+8	115.368113
10	KOLLAM	11	6+5	95.877583
11	KOTTAYAM	10	7+3	92.719820
12	WAYANAD	6	6	36.240063

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Sub Junior - 53kg													
1	SANATH M	25-04-2006	KSD	48	51.80	0.649186	60.0	65.0	70.0	70.0	12	45.443020	14
2	MUHAMMED SHABAN T	25-01-2007	MPM	20	52.60	0.643584	65.0	67.5	<del>70.0</del>	67.5	9	43.441920	18
3	ARJUN A	13-03-2008	KLM	68	52.90	0.641519	57.5	65.0	<del>67.5</del>	65.0	8	41.698735	19
4	MOHAMMED SAHAL	26-02-2007	KNR	69	52.90	0.641519	60.0	62.5	<del>67.5</del>	62.5	7	40.094938	25
5	ALEN BENNY	17-11-2006	EKM	77	51.30	0.652760	55.0	60.0	<del>65.0</del>	60.0	6	39.165600	29
6	MUHAMMEED MUSHARAF R	09-10-2007	ALP	17	51.80	0.649186	50.0	60.0	<del>65.0</del>	60.0	5	38.951160	30
7	ANURAG T K	25-01-2006	KNR	40	53.00	0.640836	60.0	<del>62.5</del>	<del>62.5</del>	60.0	4	38.450160	31
8	SNEHAL DAVIS	20-06-2007	EKM	55	51.90	0.648478	55.0	<del>62.5</del>	<del>62.5</del>	55.0	3	35.666290	38
9	AL SABITH A S	21-04-2007	TVM	29	52.40	0.644971	45.0	55.0	<del>62.5</del>	55.0	2	35.473405	39
10	PRAKYATH H R	31-03-2007	KSD	16	48.60	0.673099	50.0	<del>57.5</del>	<del>60.0</del>	50.0	1	33.654950	41
11	VINAY S LATHEESH	03-11-2008	KKD	80	52.40	0.644971	<del>30.0</del>	30.0	<del>65.0</del>	30.0	1	19.349130	56
Sub Junior - 59kg													
1	MOHAMMED MEHFIN	19-02-2006	MPM	72	58.90	0.603977	75.0	80.0	<del>85.0</del>	80.0	12	48.318160	10
2	AMEER MUHAMMED	09-09-2006	TVM	30	58.90	0.603977	70.0	77.5	<del>82.5</del>	77.5	9	46.808218	11
3	MUHAMMAD K S	19-04-2006	TCR	70	56.90	0.615747	<del>70.0</del>	<del>75.0</del>	75.0	75.0	8	46.181025	13
4	ROSHAN BENNY	31-05-2006	IDK	82	55.70	0.623152	60.0	70.0	72.5	72.5	7	45.178520	15
5	MOHAMMED SHABEEB	04-11-2007	KSD	53	59.00	0.603406	65.0	<del>72.5</del>	<del>72.5</del>	65.0	6	39.221390	28
6	ALWIN SUNIL	20-04-2006	EKM	26	57.80	0.610365	57.5	62.5	<del>67.5</del>	62.5	5	38.147813	32
7	LAKSHMAN SUJI	03-05-2007	TCR	83	54.00	0.634114	<del>60.0</del>	60.0	<del>62.5</del>	60.0	4	38.046840	33
8	AKSHAY SUNILKUMAR	24-11-2007	ALP	51	59.00	0.603406	55.0	<del>65.0</del>	<del>65.0</del>	55.0	3	33.187330	42
9	KEVIN JOBY	23-11-2007	EKM	57	53.10	0.640154	50.0	<del>60.0</del>	<del>72.5</del>	50.0	2	32.007700	46
10	ARJUN T N	20-01-2007	KTM	63	58.00	0.609188	45.0	47.5	<del>50.0</del>	47.5	1	28.936430	49
11	ANUROOPKRISHNA P	16-06-2009	KNR	34	54.35	0.631810	40.0	<del>45.0</del>	<del>45.0</del>	40.0	1	25.272400	53
-	ANANTHU A E	14-06-2006	KTM	79	54.60	0.630179	<del>52.5</del>	<del>52.5</del>	<del>55.0</del>	-	-	-	-
Sub Junior - 66kg													
1	ABHIJITH P A	06-01-2006	EKM	32	65.60	0.569092	<del>90.0</del>	92.5	<del>100.0</del>	92.5	12	52.641010	6
2	SUBUHAN NAVAS	21-03-2006	KTM	73	65.70	0.568618	80.0	92.5	<del>97.5</del>	92.5	9	52.597165	7

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
3	SREEHARI S KUMAR	23-09-2006	KNR	59	65.00	0.571960	85.0	<del>90.0</del>	90.0	90.0	8	51.476400	8
4	MOHAMMED JEZEE	11-04-2006	KSD	22	61.80	0.588075	80.0	85.0	<del>87.5</del>	85.0	7	49.986375	9
5	SURYAKIRAN P R	02-06-2006	KLM	76	63.40	0.579841	70.0	75.0	<del>87.5</del>	75.0	6	43.488075	17
6	MUHAMMED ISMAIL	10-10-2006	KLM	88	59.50	0.600578	65.0	<del>72.5</del>	72.5	72.5	5	43.541905	16
7	SINAN AHAMMED	22-07-2008	TVM	31	65.90	0.567675	60.0	72.5	<del>77.5</del>	72.5	4	41.156438	21
8	AKSHADH N	27-01-2007	KKD	75	60.40	0.595588	65.0	70.0	<del>80.0</del>	70.0	3	41.691160	20
9	MUSTHAFA SAHAL K V	07-10-2009	ALP	81	63.80	0.577838	70.0	<del>75.0</del>	<del>75.0</del>	70.0	2	40.448660	23
10	ASWIN DAS P V	09-02-2008	WYD	37	65.00	0.571960	50.0	55.0	<del>57.5</del>	55.0	1	31.457800	47
11	MUHAD M T	26-09-2007	WYD	38	62.20	0.585982	<del>50.0</del>	50.0	<del>55.0</del>	50.0	1	29.299100	48
12	AGNNIDEV C K	28-12-2007	KKD	15	64.20	0.575858	<del>30.0</del>	40.0	50.0	50.0	1	28.792900	50
<b>Sub Junior - 74kg</b>													
1	AUSTIN SIMON	15-03-2006	EKM	44	68.10	0.557621	90.0	100.0	<del>105.0</del>	100.0	12	55.762100	2 <u>☺</u>
2	PRANAV S	27-03-2007	ALP	32	73.45	0.535418	<del>85.0</del>	92.5	100.0	100.0	9	53.541800	4
3	MOHAMMED ANAS	15-07-2008	KSD	25	72.85	0.537763	75.0	<del>82.5</del>	<del>82.5</del>	75.0	8	40.332225	24
4	MOHAMMED SINAN M	26-09-2006	MPM	69	71.00	0.545214	60.0	67.5	<del>70.0</del>	67.5	7	36.801945	35
5	HUSSEY A S	03-01-2009	TVM	66	69.75	0.550449	55.0	65.0	<del>70.0</del>	65.0	6	35.779185	37
6	ADWAIT PRABHATH	12-03-2008	TVM	67	66.75	0.563721	35.0	<del>50.0</del>	<del>50.0</del>	35.0	5	19.730235	55
<b>Sub Junior - 83kg</b>													
1	AHMAD RAIYYAN	22-10-2006	EKM	72	81.65	0.506542	95.0	100.0	105.0	105.0	12	53.186910	5
2	AKSHAY RAJ	04-04-2006	KNR	60	77.90	0.519057	85.0	<del>90.0</del>	90.0	90.0	9	46.715130	12
3	ABEL BAIJU	15-06-2007	TCR	48	80.30	0.510923	75.0	80.0	<del>85.0</del>	80.0	8	40.873840	22
4	MANJESH M C	04-07-2006	KSD	38	81.70	0.506382	70.0	<del>75.0</del>	<del>75.0</del>	70.0	7	35.446740	40
<b>Sub Junior - 93kg</b>													
1	YADUKRISHNA	17-11-2006	KNR	34	84.30	0.498321	110.0	117.5	125.0	125.0	12	62.290125	1 <u>☺</u>
2	MEHUL MANOJ KUMAR	15-06-2007	KSD	89	83.40	0.501058	80.0	<del>87.5</del>	<del>87.5</del>	80.0	9	40.084640	26
3	MOHAMMED HADI K A	27-12-2006	KSD	37	85.30	0.495342	70.0	<del>80.0</del>	80.0	80.0	8	39.627360	27
4	BINU CHIRAYATH	17-09-2006	TCR	42	85.65	0.494315	75.0	<del>80.0</del>	<del>82.5</del>	75.0	7	37.073625	34
5	ANAND BABU	28-07-2006	EKM	47	92.10	0.476711	60.0	65.0	67.5	67.5	6	32.177993	43
6	ADHITHYAN T	25-06-2008	MPM	75	86.30	0.492429	55.0	65.0	<del>72.5</del>	65.0	5	32.007885	45
7	MUHAMMED YAZAR N S	06-11-2007	TVM	82	92.20	0.476457	55.0	60.0	<del>62.5</del>	60.0	4	28.587420	51
<b>Sub Junior - 105kg</b>													
1	RIYAS K S	04-05-2006	EKM	27	101.00	0.455969	100.0	110.0	120.0	120.0	12	54.716280	3 <u>☺</u>
2	KATHIRAVAN	08-06-2007	EKM	19	102.70	0.452406	75.0	80.0	<del>82.5</del>	80.0	9	36.192480	36
<b>Sub Junior - 120kg</b>													
1	MUHAMMED SWALIH S	12-07-2007	ALP	10	107.30	0.443324	60.0	67.5	72.5	72.5	12	32.140990	44
2	ADHNNAN ALEEL K V	15-02-2008	MPM	29	105.60	0.446589	<del>50.0</del>	<del>50.0</del>	62.5	62.5	9	27.911813	52
<b>Sub Junior - 120+Kg</b>													
1	JASIN JAYAN	01-02-2008	KNR	9	131.60	0.406014	40.0	45.0	55.0	55.0	12	22.330770	54

Best Lifter - Sub Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	YADUKRISHNA	KNR	93kg	84.30	0.498321	125.0	62.290125
2	AUSTIN SIMON	EKM	74kg	68.10	0.557621	100.0	55.762100
3	RIYAS K S	EKM	105kg	101.00	0.455969	120.0	54.716280

Team Championship - Sub Junior				
Place	Team	Points	Best Points	IPF GL Points
1	ERNAKULAM	57	12+12+12+12+9	252.498780
2	KANNUR	48	12+12+9+8+7	222.907363
3	KASARAGOD	44	12+9+8+8+7	215.473620
4	MALAPPURAM	42	12+9+9+7+5	188.481723
5	ALAPPUZHA	31	12+9+5+3+2	198.269940
6	THIRUVANANTHAPURAM	28	9+6+5+4+4	172.061496
7	THRISSUR	27	8+8+7+4	162.175330
8	KOLLAM	19	8+6+5	128.728715
9	KOTTAYAM	10	9+1	81.533595
10	IDUKKI	7	7	45.178520
11	KOZHICODE	5	3+1+1	89.833190
12	WAYANAD	2	1+1	60.756900

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Junior - 53kg													
1	MUHAMMED AJMAL H	23-09-2004	KLM	74	53.00	0.640836	70.0	82.5	87.5	87.5	12	56.073150	13
2	NIDHIN R R	26-06-2003	TCR	21	51.20	0.653482	70.0	75.0	82.5	82.5	9	53.912265	20
3	JISHNU V	14-07-2001	KKD	12	52.10	0.647068	77.5	<del>82.5</del>	82.5	82.5	8	53.383110	22
4	ARJUN KRISHNA T S	04-05-2004	ALP	46	52.80	0.642205	65.0	75.0	80.0	80.0	7	51.376400	24
5	VISHNU PRAYAG K	05-06-2003	KNR	33	52.90	0.641519	60.0	62.5	<del>65.0</del>	62.5	6	40.094938	45
6	ABHAY K	18-03-2005	KNR	41	48.80	0.671530	55.0	60.0	<del>62.5</del>	60.0	5	40.291800	44
7	SANJU K SAJAYKUMAR	15-06-2005	EKM	44	52.30	0.645668	50.0	<del>57.5</del>	<del>57.5</del>	50.0	4	32.283400	50
Junior - 59kg													
1	ABDUL ASHAD RAISHAN	15-05-2002	KSD	7	57.00	0.615142	90.0	95.0	<del>100.0</del>	95.0	12	58.438490	8
2	SAHFAN P C	24-02-2001	KKD	14	59.00	0.603406	57.5	80.0	<del>82.5</del>	80.0	9	48.272480	26
3	HARIDEV SUDHI	02-03-2002	TCR	84	58.50	0.606276	72.5	75.0	<del>77.5</del>	75.0	8	45.470700	33
4	ADITHYAN RAMESH	23-05-2002	WYD	28	58.90	0.603977	65.0	70.0	75.0	75.0	7	45.298275	34
5	ISHAN RAGESH	17-12-2005	KNR	39	58.80	0.604549	65.0	70.0	<del>77.5</del>	70.0	6	42.318430	39
6	SIDHARTH S	19-11-2001	TCR	24	56.20	0.620034	55.0	<del>60.0</del>	<del>60.0</del>	55.0	5	34.101870	49
7	DANIEL EASO JOHN	19-02-2005	PTA	27	57.60	0.611548	35.0	40.0	<del>42.5</del>	40.0	4	24.461920	56
Junior - 66kg													

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
1	BIBIN BENNY	08-02-2001	EKM	58	63.00	0.581865	95.0	100.0	102.5	102.5	12	59.641163	6
2	YADHAVENDH P	20-06-2005	KKD	11	65.90	0.567675	95.0	100.0	102.5	102.5	9	58.186688	9
3	KANNAN RAJA	14-07-2004	ALP	61	63.40	0.579841	85.0	92.5	95.0	95.0	8	55.084895	15
4	AL MUHAMMD FIYAN	11-10-2005	KLM	67	65.10	0.571479	80.0	90.0	95.0	95.0	7	54.290505	17
5	ANANDAKRISHNAN N	16-02-2003	EKM	89	65.10	0.571479	80.0	87.5	95.0	95.0	6	54.290505	18
6	EDWIN THOMAS	02-10-2005	TCR	71	60.30	0.596136	<del>75.0</del>	<del>80.0</del>	80.0	80.0	5	47.690880	27
7	MOHAMMED NIHAL	08-10-2005	KSD	49	63.70	0.578337	65.0	75.0	80.0	80.0	4	46.266960	31
8	M AMEGH	24-08-2005	KKD	25	60.80	0.593411	70.0	77.5	<del>80.0</del>	77.5	3	45.989353	32
9	VISAKH T S	26-04-2005	KNR	62	64.50	0.574386	65.0	70.0	75.0	75.0	2	43.078950	37
10	HARIJITH V A	25-02-2003	IDK	85	60.70	0.593953	<del>70.0</del>	70.0	<del>75.0</del>	70.0	1	41.576710	41
11	MOHAMMED YASEEN CA	22-05-2003	TCR	52	64.00	0.576845	70.0	<del>80.0</del>	<del>95.0</del>	70.0	1	40.379150	43
12	PRAJITH M R	03-04-2003	TCR	23	59.90	0.598344	57.5	65.0	<del>70.0</del>	65.0	1	38.892360	47
<b>Junior - 74kg</b>													
1	SNEHAJ SURESH P K	29-10-2002	KKD	13	73.20	0.536391	120.0	125.0	127.5	127.5	12	68.389853	2 <u>☞</u>
2	JEEVAN A	07-11-2003	ALP	1	73.15	0.536586	115.0	122.5	<del>125.0</del>	122.5	9	65.731785	4
3	ABDUL ASHFAK	13-07-2001	KSD	26	73.45	0.535418	100.0	107.5	<del>112.5</del>	107.5	8	57.557435	10
4	AKHIL N P	29-10-2004	TCR	53	72.35	0.539743	87.5	95.0	100.0	100.0	7	53.974300	19
5	ALTAF MOIDEEN S	26-12-2002	MPM	15	70.50	0.547289	90.0	95.0	97.5	97.5	6	53.360678	23
6	JOEL THEKKEKKARA	06-03-2004	TCR	29	71.60	0.542760	67.5	72.5	75.0	75.0	5	40.707000	42
7	RITHIC S RAJEEV	23-10-2002	EKM	57	72.80	0.537960	60.0	65.0	<del>70.0</del>	65.0	4	34.967400	48
8	MUHAMMED RAIF	18-06-2005	KNR	74	72.95	0.537370	40.0	42.5	52.5	52.5	3	28.211925	54
<b>Junior - 83kg</b>													
1	MUHAMMAD JAFAR R	20-09-2003	ALP	6	82.20	0.504795	130.0	140.0	145.0	145.0	12	73.195275	1 <u>☞</u>
2	MOHAMMED APSAL	08-02-2002	KSD	23	82.50	0.503851	125.0	132.5	<del>140.0</del>	132.5	9	66.760258	3 <u>☞</u>
3	ABHIJITH CHEMBADAN	23-04-2003	KNR	83	80.90	0.508959	85.0	92.5	<del>102.5</del>	92.5	8	47.078708	28
4	YADHU KRISHNA MURALI	17-05-2001	TCR	18	78.45	0.517153	80.0	90.0	<del>95.0</del>	90.0	7	46.543770	30
5	VYSHNAV T T	14-08-2001	KSD	22	79.45	0.513752	80.0	87.5	<del>92.5</del>	87.5	6	44.953300	35
6	SIVAJITH T A	29-12-2005	KTM	59	81.40	0.507343	80.0	85.0	<del>87.5</del>	85.0	5	43.124155	36
7	ABHINAV SANTHOSH	25-04-2005	KNR	4	81.75	0.506223	80.0	85.0	<del>87.5</del>	85.0	4	43.028955	38
8	HARSHITH G	25-10-2002	PKD	31	79.70	0.512915	77.5	<del>85.0</del>	<del>85.0</del>	77.5	3	39.750913	46
<b>Junior - 93kg</b>													
1	ADIL AYOOB	22-03-2005	ALP	2	92.20	0.476457	<del>125.0</del>	130.0	137.5	137.5	12	65.512838	5
2	NEVIL THOMAS ALEX	16-11-2001	TVM	50	91.30	0.478766	105.0	112.5	120.0	120.0	9	57.451920	11
3	JOEL TONY B FRANCIS	22-03-2004	EKM	20	89.95	0.482313	110.0	115.0	117.5	117.5	8	56.671778	12
4	YADHUNAND M M	23-07-2004	KNR	35	91.10	0.479285	110.0	115.0	<del>122.5</del>	115.0	7	55.117775	14
5	SACHIN A S	11-09-2001	TVM	11	89.70	0.482981	95.0	100.0	<del>102.5</del>	100.0	6	48.298100	25
6	MUHAMMED YASIR M S	27-06-2004	TCR	62	85.60	0.494462	85.0	95.0	<del>102.5</del>	95.0	5	46.973890	29
7	LAKSHMANA PERUMAL K	12-06-2002	EKM	56	83.95	0.499379	55.0	60.0	<del>67.5</del>	60.0	4	29.962740	53

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
-	MOHAMMED AKHIL T K	21-10-2002	MPM	55	83.10	0.501983	<del>405.0</del>	<del>405.0</del>	<del>412.5</del>	-	-	-	-
<b>Junior - 105kg</b>													
1	ABHINAV SUNIL KUMAR	07-04-2004	KNR	7	95.70	0.467872	120.0	125.0	<del>430.0</del>	125.0	12	58.484000	7
2	SURYA SANKAR S	11-02-2001	EKM	16	100.10	0.457904	100.0	112.5	120.0	120.0	9	54.948480	16
<b>Junior - 120kg</b>													
1	MOHAMMED AMAN M R	13-12-2003	EKM	26	111.40	0.435860	120.0	<del>422.5</del>	122.5	122.5	12	53.392850	21
2	NIVED E	07-10-2005	KNR	23	105.30	0.447176	65.0	70.0	<del>75.0</del>	70.0	9	31.302320	51
3	ANANDISHIT	11-05-2005	KTM	30	110.50	0.437451	50.0	55.0	60.0	60.0	8	26.247060	55
<b>Junior - 120+Kg</b>													
1	ABRAR	04-06-2004	MPM	21	127.20	0.411675	95.0	102.5	<del>407.5</del>	102.5	12	42.196688	40
2	RISHIKESH SANAL	21-10-2004	KTM	31	131.25	0.406449	72.5	75.0	<del>80.0</del>	75.0	9	30.483675	52

#### Best Lifter - Junior

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	MUHAMMAD JAFAR R	ALP	83kg	82.20	0.504795	145.0	73.195275
2	SNEHAJ SURESH P K	KKD	74kg	73.20	0.536391	127.5	68.389853
3	MOHAMMED APSAL	KSD	83kg	82.50	0.503851	132.5	66.760258

#### Team Championship - Junior

Place	Team	Points	Best Points	IPF GL Points
1	ALAPPUZHA	48	12+12+9+8+7	310.901193
2	ERNAKULAM	47	12+12+9+8+6	278.944776
3	KANNUR	42	12+9+8+7+6	234.301233
4	KOZHICODE	41	12+9+9+8+3	274.221484
5	KASARAGOD	39	12+9+8+6+4	273.976443
6	THRISSUR	36	9+8+7+7+5	247.591915
7	KOTTAYAM	22	9+8+5	99.854890
8	KOLLAM	19	12+7	110.363655
9	MALAPPURAM	18	12+6	95.557366
10	THIRUVANANTHAPURAM	15	9+6	105.750020
11	WAYANAD	7	7	45.298275
12	PATHANAMTHITTA	4	4	24.461920
13	PALAKKAD	3	3	39.750913
14	IDUKKI	1	1	41.576710

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Master 1 - 59kg</b>													
1	RATHEESH A K	10-05-1978	KNR	50	58.80	0.604549	40.0	60.0	X	60.0	12	36.272940	18

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Master 1 - 66kg</b>													
1	SAJITH S	15-03-1980	ALP	1	65.10	0.571479	95.0	102.5	<del>407.5</del>	102.5	12	58.576598	2 <u>☺</u>
2	PRAVEEN KUMAR V K	06-03-1982	EKM	42	60.50	0.595041	80.0	85.0	87.5	87.5	9	52.066088	6
3	RAGHUNATHA M	17-03-1980	KSD	10	62.45	0.584685	65.0	<del>72.5</del>	<del>72.5</del>	65.0	8	38.004525	16
4	ELDO PAUL	21-12-1982	TCR	86	62.70	0.583398	65.0	<del>70.0</del>	<del>70.0</del>	65.0	7	37.920870	17
<b>Master 1 - 74kg</b>													
1	SUNIL KUMAR M V	25-05-1982	EKM	30	71.70	0.542354	90.0	95.0	<del>400.0</del>	95.0	12	51.523630	7
2	BHARATH KUMAR R	25-05-1976	KNR	85	73.80	0.534067	70.0	75.0	80.0	80.0	9	42.725360	15
<b>Master 1 - 83kg</b>													
1	ANEESH K A	28-05-1980	EKM	7	80.20	0.511253	105.0	110.0	<del>442.5</del>	110.0	12	56.237830	3 <u>☺</u>
2	JUSTINDAS D	05-05-1977	TVM	87	78.30	0.517670	97.5	102.5	107.5	107.5	9	55.649525	4
3	RAMESH B	02-05-1975	WYD	36	81.70	0.506382	95.0	100.0	<del>405.0</del>	100.0	8	50.638200	9
4	MUSHEER K P C	31-05-1982	KKD	84	82.45	0.504008	90.0	97.5	<del>405.0</del>	97.5	7	49.140780	11
5	BIJU P V	30-05-1978	KNR	61	81.20	0.507987	90.0	92.5	<del>400.0</del>	92.5	6	46.988798	13
-	RAJEESH M	15-11-1980	PKD	65	79.25	0.514426	<del>65.0</del>	<del>65.0</del>	<del>65.0</del>	-	-	-	-
<b>Master 1 - 93kg</b>													
1	BRIJESH T K	04-06-1982	TCR	80	83.30	0.501366	110.0	120.0	127.5	127.5	12	63.924165	1 <u>☺</u>
2	RAJIL E P	31-05-1980	KNR	12	88.70	0.485689	90.0	100.0	110.0	110.0	9	53.425790	5
3	CHANDRALAL L	02-02-1983	KLM	10	89.85	0.482580	95.0	<del>402.5</del>	105.0	105.0	8	50.670900	8
4	SHABU M S	04-12-1976	KNR	33	90.35	0.481252	82.5	87.5	90.0	90.0	7	43.312680	14
<b>Master 1 - 105kg</b>													
1	MANISH K C	08-10-1977	KNR	1	93.60	0.472949	100.0	105.0	X	105.0	12	49.659645	10
<b>Master 1 - 120kg</b>													
1	SHANAVAS K C	08-09-1982	KNR	5	116.00	0.428120	100.0	110.0	<del>420.0</del>	110.0	12	47.093200	12

#### Best Lifter - Master 1

Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	BRIJESH T K	TCR	93kg	83.30	0.501366	127.5	63.924165
2	SAJITH S	ALP	66kg	65.10	0.571479	102.5	58.576598
3	ANEESH K A	EKM	83kg	80.20	0.511253	110.0	56.237830

#### Team Championship - Master 1

Place	Team	Points	Best Points	IPF GL Points
1	KANNUR	54	12+12+12+9+9	229.176935
2	ERNAKULAM	33	12+12+9	159.827548
3	THRISSUR	19	12+7	101.845035
4	ALAPPUZHA	12	12	58.576598
5	THIRUVANANTHAPURAM	9	9	55.649525



Team Championship - Master 1				
Place	Team	Points	Best Points	IPF GL Points
6	KOLLAM	8	8	50.670900
7	WAYANAD	8	8	50.638200
8	KASARAGOD	8	8	38.004525
9	KOZHICODE	7	7	49.140780

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Master 2 - 59kg</b>													
1	RAJAGOPALAN V	28-04-1965	KKD	43	59.00	0.603406	90.0	95.0	97.5	97.5	12	58.832085	1 <u>☞</u>
<b>Master 2 - 66kg</b>													
1	JOHN PAUL ROY K M	31-01-1969	EKM	9	60.50	0.595041	67.5	75.0	<del>80.0</del>	75.0	12	44.628075	6
2	SAJEEVAN K	26-01-1967	EKM	66	64.00	0.576845	60.0	62.5	<del>65.0</del>	62.5	9	36.052813	12
<b>Master 2 - 74kg</b>													
1	SANJAY PRASAD	05-05-1972	TVM	21	71.10	0.544803	90.0	95.0	100.0	100.0	12	54.480300	3 <u>☞</u>
2	RAPHAEL V J	30-05-1968	EKM	77	67.50	0.560305	60.0	67.5	75.0	75.0	9	42.022875	8
3	PRATHAPAN V	01-01-1972	KKD	90	67.50	0.560305	60.0	65.0	70.0	70.0	8	39.221350	10
<b>Master 2 - 83kg</b>													
1	DILJITH K K	31-05-1969	KNR	70	77.20	0.521517	<del>80.0</del>	80.0	90.0	90.0	12	46.936530	5
2	SHAIJU GEORGE	10-03-1974	EKM	39	79.65	0.513082	75.0	80.0	<del>90.0</del>	80.0	9	41.046560	9
<b>Master 2 - 93kg</b>													
1	SASI V	18-04-1969	PKD	64	83.80	0.499835	<del>105.0</del>	105.0	110.0	110.0	12	54.981850	2 <u>☞</u>
2	VARGHESE P I	13-03-1966	KTM	65	87.90	0.487897	55.0	55.0	<del>60.0</del>	55.0	9	26.834335	13
<b>Master 2 - 105kg</b>													
1	SOLOMON THOMAS	27-12-1972	KTM	11	99.00	0.460315	90.0	100.0	110.0	110.0	12	50.634650	4
2	SAJID P V	25-05-1973	KNR	2	93.20	0.473941	75.0	80.0	90.0	90.0	9	42.654690	7
<b>Master 2 - 120kg</b>													
1	ANOOPKUMAR P	30-03-1968	KNR	24	118.00	0.424946	80.0	87.5	X	87.5	12	37.182775	11

Best Lifter - Master 2							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	RAJAGOPALAN V	KKD	59kg	59.00	0.603406	97.5	58.832085
2	SASI V	PKD	93kg	83.80	0.499835	110.0	54.981850
3	SANJAY PRASAD	TVM	74kg	71.10	0.544803	100.0	54.480300

Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
1	ERNAKULAM	39	12+9+9+9	163.750323
2	KANNUR	33	12+12+9	126.773995




Team Championship - Master 2				
Place	Team	Points	Best Points	IPF GL Points
3	KOTTAYAM	21	12+9	77.468985
4	KOZHIKODE	20	12+8	98.053435
5	PALAKKAD	12	12	54.981850
6	THIRUVANANTHAPURAM	12	12	54.480300

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
<b>Master 3 - 59kg</b>													
1	ANIL KUMAR S V	27-07-1963	KKD	5	57.80	0.610365	60.0	67.5	<del>75.0</del>	67.5	12	41.199638	4
2	VELAYUDHAN	07-04-1955	PKD	4	56.80	0.616354	<del>32.5</del>	35.0	<del>40.0</del>	35.0	9	21.572390	11
<b>Master 3 - 66kg</b>													
1	SUBRAMANIAN C D	02-02-1960	KNR	54	60.90	0.592870	50.0	57.5	62.5	62.5	12	37.054375	5
<b>Master 3 - 74kg</b>													
1	B HEMACHANDRAN	20-11-1957	KLM	91	67.80	0.558958	90.0	100.0	105.0	105.0	12	58.690590	1 <u>☞</u>
2	KUTTI ALI P	01-06-1957	KNR	3	72.25	0.540142	60.0	<del>65.0</del>	65.0	65.0	9	35.109230	6
<b>Master 3 - 93kg</b>													
1	UMMER FAROOK N L	17-01-1963	KKD	40	83.15	0.501829	80.0	<del>85.0</del>	85.0	85.0	12	42.655465	3 <u>☞</u>
2	RAJEEV P MENON	24-10-1962	PKD	73	87.30	0.489578	57.5	<del>65.0</del>	<del>65.0</del>	57.5	9	28.150735	8
3	T K ABRAHAM	10-10-1964	KTM	46	83.50	0.500751	50.0	55.0	<del>60.0</del>	55.0	8	27.541305	9
<b>Master 3 - 105kg</b>													
1	PRADEEP KUMAR V K	10-02-1963	KNR	3	94.30	0.471232	50.0	60.0	<del>70.0</del>	60.0	12	28.273920	7
<b>Master 3 - 120kg</b>													
1	B P RENNI	23-03-1962	EKM	22	105.10	0.447569	90.0	97.5	102.5	102.5	12	45.875823	2 <u>☞</u>
<b>Master 3 - 120+Kg</b>													
1	EASO JOHN	10-07-1961	PTA	18	121.70	0.419358	55.0	65.0	<del>70.0</del>	65.0	12	27.258270	10

Best Lifter - Master 3							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	B HEMACHANDRAN	KLM	74kg	67.80	0.558958	105.0	58.690590
2	B P RENNI	EKM	120kg	105.10	0.447569	102.5	45.875823
3	UMMER FAROOK N L	KKD	93kg	83.15	0.501829	85.0	42.655465

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
1	KANNUR	33	12+12+9	100.437525
2	KOZHIKODE	24	12+12	83.855103
3	PALAKKAD	18	9+9	49.723125
4	KOLLAM	12	12	58.690590

Team Championship - Master 3				
Place	Team	Points	Best Points	IPF GL Points
5	ERNAKULAM	12	12	45.875823
6	PATHANAMTHITTA	12	12	27.258270
7	KOTTAYAM	8	8	27.541305

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	BP1	BP2	BP3	Best	Points	IPF GL Points	Place
Master 4 - 59kg													
1	K C SREENIVASAN	28-08-1950	EKM	3	56.45	0.618493	65.0	70.0	72.5	72.5	12	44.840743	1 
Master 4 - 66kg													
1	PREMACHANDRAN NAIR	12-04-1952	EKM	2	63.90	0.577341	65.0	70.0	72.5	70.0	12	40.413870	2 
Master 4 - 74kg													
1	ABDUL AZEEM	15-07-1950	KNR	5	73.55	0.535031	65.0	70.0	75.0	75.0	12	40.127325	3 

Best Lifter - Master 4							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Best BP	IPF GL Points
1	K C SREENIVASAN	EKM	59kg	56.45	0.618493	72.5	44.840743
2	PREMACHANDRAN NAIR	EKM	66kg	63.90	0.577341	70.0	40.413870
3	ABDUL AZEEM	KNR	74kg	73.55	0.535031	75.0	40.127325

Team Championship - Master 4				
Place	Team	Points	Best Points	IPF GL Points
1	ERNAKULAM	24	12+12	85.254613
2	KANNUR	12	12	40.127325

Abbreviations:

ALP = Alappuzha    EKM = Ernakulam    IDK = Idukki    KNR = Kannur    KSD = Kasaragod    KLM = Kollam    KTM = Kottayam    KKD = Kozhikode    MPM = Malappuram    PKD = Palakkad    PTA = Pathanamthitta    TVM = Thiruvananthapuram    TCR = Thrissur    WYD = Wayanad