

KSPLA
Kerala State Sub Junior & Junior Men's Equipped Powerlifting Championship 2023
Municipal Town Hall, Alappuzha - 19-04-2023 to 20-04-2023
Detailed Results

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
53kg - Sub Junior																						
1	DEVANAND C S	16-05-2005	ALP	8	52.60	0.159770	125.0	135.0	147.5	147.5 [1]	60.0	75.0	82.5	75.0 [1]	160.0	180.0	187.5	180.0 [1]	402.5	12	64.307425	7
2	AMEGH M	24-08-2005	KKD	7	51.40	0.162936	100.0	110.0	110.0	110.0 [2]	47.5	52.5	52.5	52.5 [3]	135.0	145.0	150.0	145.0 [2]	307.5	9	50.102820	25
3	ABHINAND CK	21-03-2005	KKD	4	50.20	0.166296	95.0	95.0	95.0	95.0 [3]	50.0	55.0	60.0	60.0 [2]	125.0	130.0	132.5	132.5 [3]	287.5	8	47.810100	26
4	ABHINAND J R	26-04-2008	KLM	3	49.40	0.168654	70.0	75.0	80.0	80.0 [4]	45.0	50.0	55.0	50.0 [5]	100.0	120.0	130.0	120.0 [5]	250.0	7	42.163500	39
5	ABHIJITH P	05-09-2006	PTA	5	48.00	0.173025	65.0	75.0	90.0	75.0 [5]	50.0	50.0	55.0	50.0 [4]	100.0	110.0	120.0	120.0 [4]	245.0	6	42.391125	37
-	RAFID K K	30-04-2007	PKD	1	41.40	0.199003	70.0	70.0	70.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	ABHINAND A G	20-08-2005	TVM	2	48.90	0.170178	50.0	50.0	60.0	60.0 [6]	40.0	40.0	40.0	-	X	X	X	-	-	-	-	-
59kg - Sub Junior																						
1	ANURAG CK	25-04-2006	ALP	26	58.50	0.146559	180.0	190.0	195.0	190.0 [1]	82.5	92.5	95.0	92.5 [3]	155.0	167.5	172.5	167.5 [3]	450.0	12	65.951550	3 
2	ALAN ANTONY T J	11-07-2005	ALP	19	58.30	0.146952	152.5	167.5	177.5	167.5 [2]	92.5	92.5	95.0	92.5 [2]	180.0	190.0	190.0	180.0 [1]	440.0	9	64.658880	5
3	YADHAVENDH P	20-06-2005	KKD	24	59.00	0.145591	150.0	165.0	172.5	165.0 [3]	87.5	92.5	95.0	95.0 [1]	170.0	185.0	185.0	170.0 [2]	430.0	8	62.604130	11
4	SINAN AHAMMED	22-07-2008	TVM	17	59.00	0.145591	130.0	150.0	155.0	150.0 [4]	60.0	70.0	70.0	70.0 [4]	125.0	137.5	147.5	137.5 [4]	357.5	7	52.048783	20
5	SIVA VENKATESH	12-05-2005	KLM	25	59.00	0.145591	90.0	100.0	115.0	115.0 [5]	65.0	65.0	65.0	65.0 [5]	100.0	120.0	130.0	130.0 [5]	310.0	6	45.133210	32
6	NITHIN M C	26-12-2005	TVM	16	53.90	0.156542	90.0	100.0	110.0	100.0 [6]	35.0	40.0	45.0	40.0 [6]	110.0	120.0	127.5	127.5 [6]	267.5	5	41.874985	40
-	GOVIND K G	29-08-2005	PKD	23	53.80	0.156784	70.0	70.0	70.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MUHAMMED NASIF V P	30-03-2005	PKD	22	54.80	0.154421	70.0	70.0	70.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	BIJITH UNNI K U	02-08-2008	MPM	20	58.60	0.146364	80.0	80.0	80.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MUHAMMED MISHAL K	29-11-2006	MPM	21	59.00	0.145591	100.0	100.0	100.0	-	X	X	X	-	X	X	X	-	-	-	-	-
66kg - Sub Junior																						
1	JAZZY THANKACHAN	20-11-2005	KNR	32	66.00	0.133945	170.0	185.0	192.5	192.5 [2]	80.0	80.0	90.0	90.0 [3]	170.0	185.0	190.0	190.0 [1]	472.5	12	63.289013	8
2	ARJUN K A	10-07-2006	ALP	41	65.60	0.134527	180.0	195.0	195.0	195.0 [1]	95.0	102.5	107.5	102.5 [1]	160.0	172.5	185.0	172.5 [2]	470.0	9	63.227690	9
3	C S GOWRISANKER	19-05-2005	ALP	40	59.50	0.144644	150.0	170.0	180.0	170.0 [3]	70.0	82.5	90.0	90.0 [2]	150.0	167.5	167.5	150.0 [3]	410.0	8	59.304040	12
4	AMBADY DILEEP	20-06-2006	PTA	31	65.80	0.134235	120.0	135.0	150.0	135.0 [4]	55.0	62.5	67.5	67.5 [5]	120.0	132.5	145.0	145.0 [4]	347.5	7	46.646663	29
5	MUHAMMAD SINAN K P	09-11-2005	KKD	38	65.40	0.134821	90.0	92.5	105.0	105.0 [6]	55.0	65.0	67.5	67.5 [4]	110.0	130.0	137.5	137.5 [5]	310.0	6	41.794510	41
6	SANGEETH P	19-01-2007	KKD	39	60.30	0.143170	100.0	105.0	110.0	110.0 [5]	50.0	50.0	55.0	55.0 [6]	120.0	125.0	130.0	130.0 [6]	295.0	5	42.235150	38
7	MADHAV U	05-08-2005	KLM	36	62.60	0.139193	60.0	70.0	85.0	70.0 [7]	55.0	60.0	60.0	55.0 [7]	90.0	100.0	120.0	120.0 [7]	245.0	4	34.102285	46
-	ABHISHEK M S	17-08-2008	MPM	34	59.10	0.145400	70.0	70.0	70.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	ABHINAV M	13-05-2006	PKD	35	59.10	0.145400	100.0	100.0	X	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MUHAMMED RAYAN P	06-05-2008	PKD	37	62.40	0.139524	90.0	90.0	90.0	-	X	X	X	-	X	X	X	-	-	-	-	-
-	MUHAMMED HISHAM P M	11-10-2007	MPM	33	63.20	0.138215	70.0	70.0	X	-	X	X	X	-	X	X	X	-	-	-	-	-
74kg - Sub Junior																						
1	SARVESH PRASANTH	10-11-2005	ALP	57	72.90	0.125142	250.0	262.5	267.5	262.5 [1]	145.0	155.0	155.0	155.0 [1]	190.0	202.5	215.0	215.0 [2]	632.5	12	79.152315	1 
2	ADITH A	13-07-2005	EKM	53	74.00	0.123927	242.5	255.0	262.5	255.0 [2]	127.5	135.0	140.0	140.0 [2]	222.5	237.5	240.0	222.5 [1]	617.5	9	76.524923	2 

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF GL Points	Place
3	AROMAL P	14-08-2005	TVM	47	72.30	0.125825	190.0	210.0	225.0	210.0 [3]	90.0	100.0	105.0	105.0 [3]	170.0	185.0	200.0	185.0 [4]	500.0	8	62.912500	10
4	MILAN SOJAN	17-05-2006	KNR	50	73.40	0.124585	160.0	172.5	175.0	175.0 [4]	65.0	72.5	77.5	77.5 [7]	160.0	175.0	187.5	187.5 [3]	440.0	7	54.817400	16
5	CHRISTIN JOSEPH	31-03-2005	PTA	51	71.20	0.127113	150.0	162.5	170.0	170.0 [5]	85.0	92.5	92.5	92.5 [5]	160.0	170.0	175.0	175.0 [5]	437.5	6	55.611938	14
6	FARIS RAHMAN	17-06-2005	IDK	49	71.90	0.126288	145.0	155.0	160.0	160.0 [6]	75.0	90.0	95.0	95.0 [4]	150.0	165.0	172.5	165.0 [6]	420.0	5	53.040960	19
7	ARJUN P	10-06-2006	KKD	56	73.30	0.124695	150.0	165.0	165.0	150.0 [7]	65.0	70.0	70.0	65.0 [8]	150.0	160.0	170.0	160.0 [7]	375.0	4	46.760625	28
8	ADITHYAN B	22-06-2005	PTA	55	74.00	0.123927	130.0	132.5	140.0	140.0 [8]	60.0	65.0	72.5	65.0 [9]	150.0	150.0	165.0	150.0 [9]	355.0	3	43.994085	33
9	THEJAS M K	27-04-2007	KKD	54	67.40	0.131975	120.0	122.5	132.5	122.5 [9]	80.0	90.0	90.0	80.0 [6]	140.0	140.0	150.0	150.0 [8]	352.5	2	46.521188	30
10	NEERAJ D N	24-10-2008	TVM	48	70.60	0.127838	120.0	135.0	145.0	120.0 [10]	40.0	42.5	45.0	42.5 [10]	120.0	130.0	140.0	130.0 [10]	292.5	1	37.392615	44
-	ANANTH KRISHNA S	22-12-2006	KLM	52	74.00	0.123927	60.0	62.5	70.0	70.0 [11]	40.0	40.0	40.0	-	60.0	X	X	-	-	-	-	-
83kg - Sub Junior																						
1	ALEN SEBASTIAN	31-01-2005	EKM	71	83.00	0.115477	215.0	225.0	225.0	225.0 [1]	122.5	135.0	142.5	135.0 [1]	190.0	210.0	225.0	210.0 [2]	570.0	12	65.821890	4
2	ANANTHAN M	22-01-2006	KKD	76	81.40	0.116809	170.0	190.0	195.0	170.0 [4]	95.0	97.5	97.5	97.5 [3]	200.0	212.5	215.0	212.5 [1]	480.0	9	56.068320	13
3	EDWIN D PALLIPARAMBIL	19-04-2005	TCR	73	81.20	0.116980	170.0	185.0	195.0	195.0 [2]	80.0	87.5	90.0	87.5 [5]	175.0	190.0	197.5	190.0 [3]	472.5	8	55.273050	15
4	PRANAV G	20-09-2005	ALP	77	78.50	0.119397	150.0	160.0	175.0	160.0 [5]	90.0	100.0	100.0	100.0 [2]	145.0	157.5	165.0	165.0 [4]	425.0	7	50.743725	24
5	ARUN DEV	18-06-2005	TVM	70	74.25	0.123658	170.0	170.0	185.0	170.0 [3]	70.0	80.0	90.0	90.0 [4]	150.0	150.0	160.0	160.0 [5]	420.0	6	51.936360	21
6	MOHAMMAD IRFAN V B	16-10-2005	EKM	72	83.00	0.115477	95.0	105.0	115.0	115.0 [6]	55.0	60.0	62.5	62.5 [6]	115.0	130.0	140.0	140.0 [6]	317.5	5	36.663948	45
7	SUJITH S	05-09-2005	PKD	74	75.30	0.122549	90.0	105.0	110.0	90.0 [7]	60.0	65.0	65.0	60.0 [7]	120.0	130.0	135.0	120.0 [7]	270.0	4	33.088230	47
8	MUHAMMED YAZAR	06-11-2007	PTA	69	80.40	0.117675	90.0	90.0	105.0	90.0 [8]	32.5	40.0	45.0	40.0 [8]	90.0	105.0	115.0	105.0 [8]	235.0	3	27.653625	53
93kg - Sub Junior																						
1	ATHUL KRISHNA KS	11-03-2005	TCR	91	85.80	0.113298	220.0	230.0	255.0	255.0 [1]	100.0	100.0	127.5	100.0 [3]	190.0	215.0	225.0	215.0 [1]	570.0	12	64.579860	6
2	FAIZAL A	14-03-2006	TVM	86	88.70	0.111223	185.0	200.0	210.0	210.0 [3]	95.0	105.0	110.0	105.0 [2]	165.0	175.0	182.5	175.0 [3]	490.0	9	54.499270	17
3	SAVIO SONY	11-04-2006	ALP	92	92.90	0.108508	160.0	180.0	200.0	200.0 [4]	110.0	120.0	127.5	127.5 [1]	150.0	162.5	175.0	162.5 [5]	490.0	8	53.168920	18
4	TONY ISSAC	18-07-2005	KNR	88	86.40	0.112854	185.0	197.5	210.0	210.0 [2]	80.0	90.0	92.5	80.0 [6]	170.0	180.0	200.0	170.0 [4]	460.0	7	51.912840	22
5	AMEGH P	20-05-2005	KKD	94	88.50	0.111361	172.5	185.0	195.0	195.0 [5]	75.0	85.0	90.0	85.0 [5]	180.0	200.0	200.0	180.0 [2]	460.0	6	51.226060	23
6	TIBIN BIJU	17-01-2005	PTA	87	93.00	0.108448	125.0	145.0	160.0	160.0 [6]	80.0	90.0	95.0	90.0 [4]	145.0	155.0	175.0	155.0 [6]	405.0	5	43.921440	34
7	ABHISHEK J R	18-04-2006	KLM	89	85.00	0.113902	90.0	90.0	100.0	90.0 [7]	40.0	50.0	55.0	50.0 [9]	110.0	140.0	150.0	150.0 [7]	290.0	4	33.031580	48
8	AKSHAY N	14-09-2005	PKD	93	85.40	0.113598	90.0	90.0	110.0	90.0 [8]	50.0	65.0	77.5	65.0 [7]	90.0	115.0	130.0	130.0 [8]	285.0	3	32.375430	49
9	MOHAMMAD FARHAN P	13-04-2009	MPM	90	90.90	0.109761	70.0	80.0	90.0	90.0 [9]	45.0	55.0	55.0	55.0 [8]	100.0	110.0	120.0	110.0 [9]	255.0	2	27.989055	52
105kg - Sub Junior																						
1	ALWIN C B	16-07-2007	TCR	100	102.60	0.103309	175.0	187.5	190.0	190.0 [1]	70.0	80.0	85.0	85.0 [2]	160.0	175.0	182.5	175.0 [2]	450.0	12	46.489050	31
2	VISHNU PRASAD	23-01-2006	TVM	99	94.60	0.107497	140.0	155.0	165.0	165.0 [2]	80.0	90.0	X	80.0 [3]	170.0	190.0	205.0	190.0 [1]	435.0	9	46.761195	27
3	ASHWIN SARATH	21-05-2008	ALP	101	102.00	0.103594	150.0	150.0	165.0	150.0 [3]	90.0	97.5	100.0	100.0 [1]	150.0	160.0	165.0	165.0 [3]	415.0	8	42.991510	36
120kg - Sub Junior																						
1	MANAS MOHAN	10-05-2006	KNR	108	118.10	0.097246	150.0	160.0	165.0	165.0 [1]	90.0	97.5	102.5	102.5 [1]	150.0	165.0	177.5	177.5 [1]	445.0	12	43.274470	35
2	NIVED G	11-05-2007	KLM	106	112.40	0.099217	100.0	110.0	112.5	112.5 [2]	50.0	55.0	60.0	60.0 [2]	110.0	125.0	135.0	135.0 [2]	307.5	9	30.509228	50
3	ASWANATH V	05-05-2008	MPM	109	120.00	0.096645	80.0	90.0	100.0	90.0 [4]	40.0	45.0	50.0	45.0 [4]	100.0	125.0	135.0	125.0 [3]	260.0	8	25.127700	54
4	ABHISHEIK K NAIR	05-04-2009	PTA	107	117.60	0.097409	85.0	100.0	110.0	100.0 [3]	50.0	57.5	57.5	50.0 [3]	90.0	100.0	110.0	100.0 [4]	250.0	7	24.352250	55
120+Kg - Sub Junior																						
1	MUHAMMED MUSTHAFA C	25-12-2005	PKD	116	131.60	0.093484	150.0	165.0	172.5	172.5 [2]	60.0	72.5	77.5	72.5 [1]	155.0	167.5	177.5	177.5 [2]	422.5	12	39.496990	43

Place	Name	DOB	Team	Lot	Bd. Wt.	Coeff.	SQ1	SQ2	SQ3	Best [PL]	BP1	BP2	BP3	Best [PL]	DL1	DL2	DL3	Best [PL]	Total	Points	IPF	GL Points	Place
1	SHILJO BABY	18-08-2001	WYD	44	65.10	0.135267	235.0	245.0	245.0	245.0 [1]	120.0	125.0	127.5	125.0 [1]	210.0	220.0	230.0	220.0 [1]	590.0	12		79.807530	6
2	ASHIK VARGHESE MATHEW	08-05-2003	TCR	45	64.70	0.135870	185.0	200.0	210.0	210.0 [2]	105.0	117.5	122.5	122.5 [2]	190.0	200.0	212.5	200.0 [2]	532.5	9		72.350775	11
3	GOWRI SANKAR S	27-12-2004	TVM	42	66.00	0.133945	155.0	160.0	165.0	165.0 [3]	60.0	70.0	82.5	70.0 [4]	140.0	155.0	165.0	165.0 [4]	400.0	8		53.578000	31
4	MOHAMMED AMJAD K	31-07-2004	MPM	46	65.40	0.134821	110.0	112.5	135.0	110.0 [4]	60.0	70.0	75.0	75.0 [3]	140.0	155.0	165.0	165.0 [3]	350.0	7		47.187350	35
74kg - Junior																							
1	SAM IGNATIOUS	22-02-2000	TVM	59	73.90	0.124036	250.0	265.0	272.5	272.5 [2]	125.0	130.0	135.0	130.0 [5]	250.0	257.5	265.0	257.5 [1]	660.0	12		81.863760	2 <u>🏆</u>
2	ROHITH S	26-04-2001	TCR	65	73.10	0.124918	260.0	270.0	280.0	280.0 [1]	130.0	140.0	140.0	140.0 [3]	220.0	225.0	242.5	225.0 [3]	645.0	9		80.572110	3 <u>🏆</u>
3	VISHNU SHAJAN	03-10-2000	KNR	62	73.50	0.124474	250.0	270.0	280.0	270.0 [3]	140.0	155.0	160.0	160.0 [1]	200.0	212.5	222.5	212.5 [6]	642.5	8		79.974545	5
4	MUHAMMAD JAFAR	20-09-2003	ALP	64	73.40	0.124585	230.0	230.0	250.0	230.0 [5]	142.5	150.0	150.0	150.0 [2]	230.0	245.0	245.0	230.0 [2]	610.0	7		75.996850	9
5	JEEVAN A	07-11-2003	ALP	63	73.50	0.124474	185.0	205.0	212.5	212.5 [6]	120.0	130.0	135.0	135.0 [4]	210.0	222.5	230.0	222.5 [4]	570.0	6		70.950180	15
6	ANANTHA KRISHNAN R	18-12-2002	PTA	60	72.40	0.125710	210.0	227.5	242.5	242.5 [4]	85.0	97.5	107.5	107.5 [7]	200.0	217.5	230.0	217.5 [5]	567.5	5		71.340425	14
7	ARJUN S J	12-08-2003	TVM	58	72.20	0.125940	190.0	205.0	210.0	210.0 [7]	100.0	110.0	120.0	110.0 [6]	160.0	180.0	190.0	190.0 [7]	510.0	4		64.229400	21
8	ABHISHEK A	14-03-2003	KLM	66	68.10	0.131028	60.0	70.0	80.0	80.0 [9]	50.0	55.0	60.0	55.0 [8]	80.0	90.0	110.0	110.0 [8]	245.0	3		32.101860	42
-	VYSHNAV VIJAYAKRISHNAN K	27-12-2001	KKD	68	74.00	0.123927	120.0	120.0	120.0	120.0 [8]	85.0	85.0	85.0	-	X	X	X	-	-	-		-	-
83kg - Junior																							
1	ANANTHAKRISHNA KS	17-08-2000	ALP	83	82.40	0.115969	280.0	285.0	285.0	280.0 [1]	160.0	175.0	175.0	175.0 [1]	230.0	235.0	235.0	235.0 [4]	690.0	12		80.018610	4
2	MOHAMAD IHSAN S	22-02-2002	TVM	78	83.00	0.115477	250.0	265.0	275.0	275.0 [2]	150.0	160.0	165.0	160.0 [3]	242.5	250.0	250.0	242.5 [2]	677.5	9		78.235668	8
3	M ASIF HARIS	19-08-2002	ALP	85	82.00	0.116302	270.0	280.0	280.0	270.0 [3]	155.0	160.0	162.5	160.0 [2]	245.0	247.5	247.5	245.0 [1]	675.0	8		78.503850	7
4	ABHIRAM A	04-12-2001	MPM	81	81.00	0.117152	170.0	190.0	205.0	205.0 [4]	100.0	110.0	120.0	120.0 [4]	210.0	225.0	235.0	235.0 [3]	560.0	7		65.605120	20
5	PRANAV S S	01-11-2003	TVM	79	83.00	0.115477	170.0	190.0	200.0	190.0 [5]	60.0	70.0	87.5	87.5 [7]	150.0	165.0	185.0	165.0 [6]	442.5	6		51.098573	32
6	HARIGOVIND U	08-07-2004	PKD	80	82.50	0.115886	120.0	120.0	135.0	120.0 [7]	90.0	105.0	112.5	90.0 [6]	160.0	180.0	195.0	195.0 [5]	405.0	5		46.933830	37
7	UNNIKANNAN R. M	26-10-2001	TCR	82	80.30	0.117763	120.0	140.0	150.0	150.0 [6]	90.0	102.5	110.0	110.0 [5]	120.0	140.0	160.0	140.0 [7]	400.0	4		47.105200	36
93kg - Junior																							
1	SARATH KRISHNAN R	11-11-2000	ALP	98	92.75	0.108600	310.0	320.0	335.0	335.0 [1]	180.0	190.0	195.0	190.0 [1]	240.0	250.0	250.0	240.0 [2]	765.0	12		83.079000	1 <u>🏆</u>
2	ALEX SUNIL	09-02-2003	KTM	97	87.10	0.112346	240.0	240.0	250.0	250.0 [3]	110.0	120.0	125.0	125.0 [3]	240.0	250.0	265.0	265.0 [1]	640.0	9		71.901440	12
3	ADITHYAN SN	19-08-2002	TVM	95	91.00	0.109697	250.0	265.0	275.0	275.0 [2]	130.0	140.0	145.0	140.0 [2]	220.0	220.0	225.0	225.0 [3]	640.0	8		70.206080	18
4	SREEKANDESWARAN DINESHAN	23-11-2000	PTA	96	91.50	0.109378	220.0	220.0	240.0	220.0 [4]	100.0	100.0	102.5	100.0 [4]	210.0	222.5	235.0	222.5 [4]	542.5	7		59.337565	25
105kg - Junior																							
1	ATHUL RAJ VP	24-12-2002	KKD	104	93.30	0.108266	232.5	250.0	265.0	265.0 [1]	135.0	142.5	147.5	147.5 [1]	242.5	260.0	272.5	260.0 [1]	672.5	12		72.808885	10
2	SHAJEER SALIM	11-04-2003	PTA	103	97.90	0.105662	220.0	232.5	245.0	232.5 [2]	110.0	117.5	X	117.5 [2]	190.0	X	X	190.0 [2]	540.0	9		57.057480	28
3	ROMY J S	17-01-2003	TVM	102	96.00	0.106698	170.0	190.0	200.0	200.0 [3]	70.0	75.0	80.0	80.0 [3]	140.0	160.0	175.0	175.0 [3]	455.0	8		48.547590	34
120kg - Junior																							
1	SUFAIL T	23-06-2001	KNR	110	106.70	0.101476	270.0	270.0	270.0	270.0 [1]	165.0	177.5	182.5	177.5 [1]	250.0	260.0	272.5	260.0 [1]	707.5	12		71.794270	13
2	SHAWN ANTONY	31-07-2000	KKD	111	113.00	0.098997	190.0	210.0	220.0	220.0 [2]	110.0	117.5	122.5	122.5 [2]	180.0	190.0	210.0	210.0 [2]	552.5	9		54.695843	29
3	SREEJESH RAHI	22-11-2001	PKD	113	105.20	0.102125	180.0	207.5	215.0	215.0 [3]	75.0	90.0	97.5	90.0 [3]	170.0	185.0	195.0	185.0 [3]	490.0	8		50.041250	33
4	MUHAMMED ABDULLA T	03-08-2003	ALP	112	112.80	0.099070	110.0	120.0	132.5	132.5 [4]	60.0	67.5	70.0	70.0 [4]	120.0	130.0	142.5	142.5 [4]	345.0	7		34.179150	41
120+Kg - Junior																							
1	AKSHAY P G	26-09-2000	KNR	118	120.20	0.096583	250.0	250.0	262.5	262.5 [1]	120.0	125.0	132.5	132.5 [1]	200.0	220.0	250.0	250.0 [1]	645.0	12		62.296035	23
2	ARJUN SANTHOSH S	06-10-2004	TVM	117	120.10	0.096614	130.0	160.0	170.0	170.0 [2]	50.0	62.5	67.5	62.5 [2]	130.0	155.0	167.5	167.5 [2]	400.0	9		38.645600	39

Best Lifter - Junior							
Place	Name	Team	Wt.Cat.	Bd.Wt.	Coeff.	Total	IPF GL Points
1	SARATH KRISHNAN R	ALP	93kg	92.75	0.108600	765.0	83.079000
2	SAM IGNATIOUS	TVM	74kg	73.90	0.124036	660.0	81.863760
3	ROHITH S	TCR	74kg	73.10	0.124918	645.0	80.572110

Team Championship - Junior					
Place	Team	Points	Best Points	IPF GL Points	
1	ALAPPUZHA	56	12+12+12+12+8	382.488478	
2	THIRUVANANTHAPURAM	46	12+9+9+8+8	322.529108	
3	PATHANAMTHITTA	38	9+9+8+7+5	315.676668	
4	THRISSUR	34	9+9+7+5+4	282.884165	
5	KANNUR	32	12+12+8	214.064850	
6	KOZHIKODE	21	12+9	127.504728	
7	PALAKKAD	21	8+8+5	151.420210	
8	MALAPPURAM	14	7+7	112.792470	
9	WAYANAD	12	12	79.807530	
10	KOLLAM	10	7+3	91.238098	
11	KOTTAYAM	9	9	71.901440	
12	IDUKKI	9	9	62.907700	

Abbreviations:

ALP = Alappuzha EKM = Ernakulam IDK = Idukki KNR = Kannur KLM = Kollam KTM = Kottayam KKD = Kozhikode MPM = Malappuram PKD = Palakkad PTA = Pathanamthitta TVM = Thiruvananthapuram TCR = Thrissur WYD = Wayanad